



GOAL

COMPARE THE COST OF CARE

Medical costs can vary a lot from one doctor to another – So it pays to shop around.

Your online services on **umr.com** include a free health cost estimator. With this feature, you can:

- Search for the type of service you need
- Compare the true costs of care using real data from real doctors
- Check which providers earned our UnitedHealth Premium rating for cost and quality
- See the total charge for your treatment, and know what to expect from beginning to end

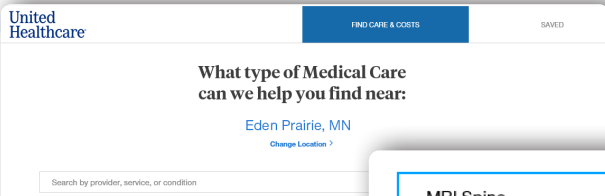
With UMR's online health cost estimator you can get a personalized estimate based on your specific medical plan and the ZIP code where you want to look for health care providers.

How to get started

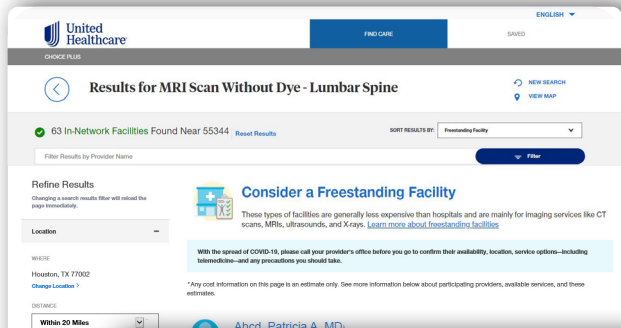
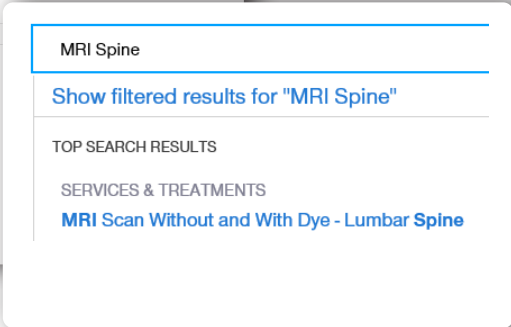
1. Log in to your account on **umr.com**.
2. If you haven't registered, select the "New user? Register here" link under the login box. Make sure you have your ID card handy.
3. Once you've signed in, select the shopping cart tile on your personal home page.

See back for instructions

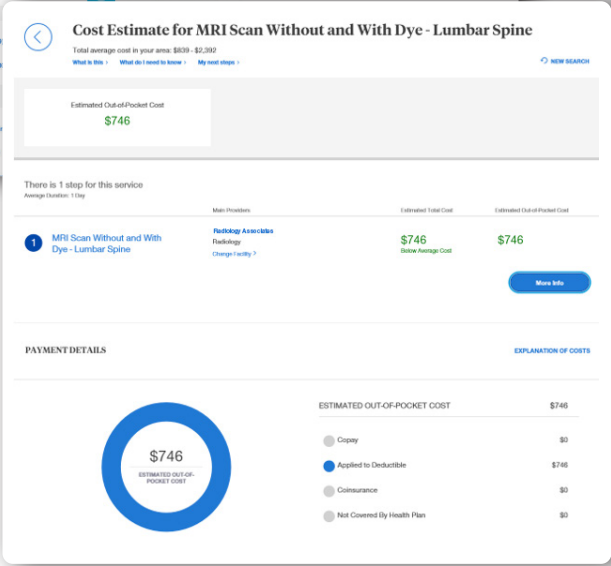
How to create a “final estimate” using the health cost estimator:



Search for a service
Find the treatment or service that applies to you by entering a search term and reviewing a list of options.



Choose from a list of providers in your area
Look for a doctor based on quality and cost information and see how the cost different providers charge compares to the local average.



Select “View full estimate” to see the total cost of care
You will now have an estimate based on your location, provider and remaining out-of-pocket cost.

Disclaimer: This content is provided for information only and is not to be considered medical advice. All decisions about medical care should be made by the doctor and patient. Always refer to the plan document for specific benefit coverage or call the toll-free member phone number on the back of your health plan ID card.



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